

Who is Sr. Maureen?



Sister Maureen Murphy, O.P., is a Dominican Sister of Blauvelt, NY, born and raised in Yonkers. Sr.

Maureen has lived and worked in Westchester and Rockland counties in New York State, and in Bergen and Middlesex counties in New Jersey, where she now resides.

Sister has previous professional experience in childcare and banking. Her professional ministry experience includes ministry to the elderly and homebound, and she is now engaged full-time in ministry of spiritual growth and development.

She spends much of her time in that ministry traveling the country administering programs and retreats that will awaken, renew, and restore spirituality and spiritual life.

Sister Maureen holds a Master's Degree in Theological Studies and is a Certified Spiritual Director. She is also a facilitator and trainer in Bio-Spirituality through Focusing, and is a Level II Reiki practitioner.

For more information about Sister Maureen, please visit her Website at: <http://srmaureen.tripod.com>

About Sister's Congregation

The Order of Preachers (O.P.), the Dominican Sisters of Blauvelt, NY was incorporated in 1890 to further the mission of promoting for the temporal and spiritual welfare of destitute, homeless, and unprotected children.

Over one hundred years later, the Sisters continue to adapt their ministries to serve the needs of God's children in light of the signs of the times.

For more information on the Dominican Sisters of Blauvelt, please visit their Website at: <http://www.opblauvelt.org>



Spiritual Gateways Retreat:

Improving My Spiritual Condition



**Sister Maureen Murphy, O.P.,
Facilitator**

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What is Spiritual Gateways?

Spiritual Gateways is a spiritually-focused support group for women in recovery from alcoholism.

What Will the Day Involve?

This is a 'Sabbath Day' retreat.

Webster defines 'sabbath' as a time of rest or repose.

We invite you to join us for a Sabbath Day. The day will include time for:

- **Companionship**, as we gather with our sisters in recovery.
- **Discovery**, as our 'conscious contact' is inventoried.
- **Recovery**, as we share our experience, strength and hope.
- **Fellowship**, as we share a meal together.
- **Meditation/prayer**, as we open and close the day.

What is the Agenda?

The agenda for this session is set forth below.

Time	Activity
9:30	Arrivals, coffee
10:00	Opening prayer, conference
11:30	Small group sharing
12:30	Lunch
2:00	Conference
3:00	Small group sharing
4:00	Closing prayer, departures

Suggested Offering

The suggested offering for this day is \$35.00 per attendee.

Space is limited, and spots will be filled on a first-come, first-served basis. To reserve a spot, registration must include your offering for the day.



"With God, all things are possible."

Dates and Venues

Spiritual Gateways Sabbath Day Retreat

The following are the current dates and venues on which this retreat day will be offered.

Date	Venue	Contact No.
09/12/04	Bethel: 80 Heather Court Monmouth Junction NJ, 08832	(732) 355-9830

Registration

To register, complete and detach the form below, and mail to: Sr. Maureen Murphy, 80 Heather Court, Monmouth Junction, NJ 08852.

Please make checks payable to: **Sisters of St. Dominic.**

Registration for: September 12, 2004 Spiritual Gateways Sabbath Day

Name: _____

Address: _____

Phone: _____

E-mail: _____